

Beth Abramson, MD

Biography

Beth Abramson MD is Associate Professor of Medicine at the University of Toronto. She is the Paul Albrechtsen Professor in Cardiac Prevention and Women's Health in the Division of Cardiology at St. Michael's Hospital, University of Toronto.

Her interest is knowledge translation, including writing guidelines to educate physicians on preventive cardiology and women's health issues:

2000 primary panel: CCS Women and Ischemic Heart Disease;

2005, 2021 co-chair: CCS Guideline on Peripheral Arterial Disease

2009, 2013 and 2020 Primary panel: Canadian Menopause guidelines

2014 primary panel: Canadian guidelines for the management of stable ischemic heart disease.

Dr. Abramson's is involved in the North American Menopause Society's (NAMS) awareness efforts. She is on the American College of Cardiology's hypertension working group and the American Society of Preventive Cardiology's Women's working group.

She is a founding member and outgoing Chair (2018-2020) of the Canadian Women's Heart Health Alliance Education Working group, which has created a national course on Women and Heart Disease for MDs internationally.

She enjoys educating the public on heart health and is a national spokesperson for the Heart and Stroke Foundation. Her book, Heart Health for Canadians, published in 2013, aims to help people prevent and understand heart disease.

In 2015 she was awarded the prestigious Harold N. Segal award of Merit, in recognition of her many contributions to preventing heart disease amongst Canadians.

She currently directs a fellowship in Preventive Cardiology and Women's Health at the University of Toronto.