

## **Julia Rackal, MD**

### **Biography**

Dr. Julia Rackal is a family physician at St. Michael's Academic Family Health Team in Toronto where she has been practicing family medicine for the past 15 years. She is also an Assistant Professor in the Department of Family and Community medicine at the University of Toronto. Dr. Rackal graduated from Queen's University Medical School in 2004 and Family Medicine residency at Queen's in 2006. Prior to medical school, she did a Masters in Public Health Nutrition at University of Toronto building upon her undergraduate degree in Nutritional Sciences at University of Toronto. Currently enrolled in the Fellowship in Global Journalism at the Dalla Lana School of Public Health, University of Toronto, Julia is now also a journalist.